

# Cheerleading Important Information 2025

Welcome to SVJFAN and thank you for your interest in our program! We are very excited and have been busy preparing for a fun and successful season. It is important as a parent that you understand the commitment that is required by both you and your child from the beginning, through the end of the season. Please carefully consider the following information when registering your child for cheerleading. Please reach out if you have any questions or concerns.

## FINANCIAL COMMITMENT

Please note, additional fees may be required throughout the season for items such as team parties, players treats/gifts, sign making materials, etc...

**Registration: (Braves, Warriors, Chiefs)** \$125.00 (Collected during online registration)

**Registration: (Flag Cheer)** No registration Fee

**Cheer Choreography Camp: (Braves, Warriors, Chiefs only)** \$100.00 (Collected during online registration)

**Association Fundraiser: (Everyone)** \$100.00 (Collected during online registration)

\*\* Each family will receive a lottery book valued at \$100. In addition, each cheerleader (excluding Flag Cheer) will receive 2 additional lottery books to help offset the cost of registration and camp fees. Once the tickets are sold, you will return the blue ticket stubs and keep the money that you collected. If you do not sell the blue tickets, you will still need to turn in the blue stubs. \*\*

**Concession Stand Volunteer Fee: (Everyone)** \$100.00 (Collected during online registration and will be refunded to you after completing your required shift in the concession stand.)

**Uniform:** (Braves, Warriors, Chiefs) SVJFAN will provide a skirt, shell, warmups (jacket and pants) and poms for each cheerleader. A deposit of \$350.00 will be due at the uniform fitting. Once all provided items are returned in the same condition as they were received, your deposit check will be returned to you.

Flag Cheer will be provided with a Uniform (skirt and shell) to wear on game day and special events. Poms will be distributed and collected by coaches at the beginning and end of every practice and game. A deposit of \$60.00 will be due at the uniform fitting.

**REQUIRED APPAREL: BRAVES, WARRIORS, CHIEFS.** *\*Prices do not reflect taxes or shipping.*

\$25 Game Day Cheer Bow (collected during online registration)

\$52 Cheer Shoes

\$9.95 Custom Socks

\$37 Uniform Liner (can use from 2024 season)

*Last season's liner had the stacked SV logo embroidered on the front. The \$37 uniform liner listed above is the SAME STYLE but is WITHOUT the SV logo. There will be an option to purchase the liner WITH the SV logo, at a price of \$54.25.*

\$16.95 Stretch Briefs (can use from 2024 season)

\$17.95 Clear Rain Jacket (can use from 2024 season)

\$TBD water bottle

**FLAG CHEER:** *\*Prices do not reflect taxes or shipping*

\$25 Game Day Cheer Bow (collected during online registration)

\$25 Cheer Shoes

\$TBD water bottle

**Required apparel is not an option. The items above (except for the water bottle) must be purchased through Varsity, unless otherwise instructed, shortly after uniform fitting day to ensure timely arrival before the first game. Cheerleaders will not be permitted to participate on Game Day if they are not wearing the complete uniform.**

## **OPTIONAL APPAREL**

Cheer Backpack (recommended but not required)

*Multiple options will be available through Varsity during Uniform Fitting Day as well as our standard Cheer bag through Embroidery and More. Prices range from \$25-\$96.*

SV Team Practice Apparel: Available to order through Varsity at Uniform Fitting.

## **DUE AT UNIFORM FITTING**

--\$350.00 deposit check, made out to SVJFAN. (Braves, Warriors, Chiefs)

--\$60.00 deposit check, made out to SVJFAN. (Flag Cheer)

*This check will be returned to you once all items are returned in the same condition in which they were given.*

--Completed Physical forms

*Physical forms can be located on the SVJFAN website. Forms MUST be printed, completed and then turned in during our uniform fitting to receive uniform.*

## **PRACTICES AND OVERALL ETIQUETTE**

Girls are expected to be safe, kind and responsible at all times. Mean girl behavior/bullying will not be tolerated. Parents will be contacted immediately, and consequences will be given. Please note, this type of behavior is cause for removal from the squad. We are all one team and must get along and be supportive of each other.

Cheerleaders are expected to arrive on time, dressed appropriately in proper athletic attire and shoes for every practice. No jewelry, crocs or flip flops are permitted to be worn.

Practices for Braves, Warriors, Chiefs are from 6:00-8:00pm, Tuesday/Wednesday/Thursday until the start of the school year, except for cheer camp. Once school starts, practices will be held 6:00-7:30pm, Tuesday and Thursday for the remainder of the season. Practices begin mid/late July and

run through the end of October/beginning of November. We are a part of a football association with a historically winning record. A playoff and Super Bowl run could extend our season.

Flag Cheer practices on Tuesday and Thursday, 6-7:30pm until the start of the school year, and then will drop down to 6-7pm.

We practice rain or shine, when it is hot or when it is cold. Practices may be canceled due to inclement weather and will be determined by the coordinator. Each squad will then be notified by their coach.

Parents are required to stay for the entirety of all practices. If you are unable to do so, it is your responsibility to assign a responsible adult to oversee your child and to notify the coach.

## **GAME DAY ETIQUETTE AND PROCEDURE**

The games are played on Saturdays. Home games are played at the old Evans City Elementary School football field. All Flag football games are played at home.

Girls are to arrive 1 hour early, game ready (full uniform, bow, clean shoes, etc.) unless otherwise instructed by the Coach.

No jewelry is permitted to be worn.

Cheerleaders are not permitted to eat during warm-ups or during the game, including half-time and the 5<sup>th</sup> quarter. Please ensure that your child has eaten prior to arriving and has brought enough water to last the entire game.

Use of the bathroom during a game is one at a time and for girls who need an adult, a parent will be required to come from the stands to take them. If possible, please make sure your child uses the bathroom before the game begins.

Cheerleaders are expected to be cheering, stunting, dancing and paying attention to the game. Cheerleaders need to be loud, enthusiastic and have a positive attitude.

No piggyback rides or carrying others around is permitted on the sidelines.

While Cheerleading is meant to be fun, it can be incredibly distracting and dangerous when girls aren't paying attention on the sidelines. Coaches can choose to have a child sit out if they fail to comply with game day rules.

As stated before, we cheer in all weather conditions, hot or cold, rain or shine, the same expectations will be upheld regardless of the weather. A positive attitude is essential and starts at home the morning of an extreme weather day.

### **PLEASE HOLD THE FOLLOWING DATES ON YOUR SCHEDULE FOR THE 2025 SEASON:**

**May 28** Uniform Fitting Glade Run Cafeteria

**July 22** First day of Practice

**July 28-31**, 5:00pm-7:30pm. Choreography camp for Braves, Warriors and Chiefs. The camp will take place at the SV HS gym. It is **MANDATORY** for all girls to attend.

**July 25** Picture Day

**August 16** First game of the season

**October 18** Round one of Playoffs

**November 1** Super Bowl @ Shaler

**November 8** All-Star Game @ Shaler

### **ATTENDANCE POLICY**

Attendance will be taken at the beginning of each practice, game and event. Each Cheerleader's 100% commitment is required as each position on the squad is dependent on the other. When one Cheerleader is absent, it places hardship on the entire squad and can become a safety issue. Failure to comply could result in sitting out games and not qualifying for end-of-year awards. Please refer to our Attendance Policy, which can be found on the SVJFAN website, for more details regarding attendance.

## **TEAMREACH RULES OF CONDUCT**

TeamReach is an app used by each individual squad to make announcements and schedule important dates. Each account is run by the Cheer Coordinator and Head Coach.

A reply is not necessary for every message. A simple “like” lets everyone know that you have read/understood the message. Messages and posts can get incredibly overwhelming, please thoroughly read through any previous posts or messages that have been sent, as the information you are seeking is likely there.

These tips are to ensure we are keeping our primary source of communication clear and concise. When in doubt, please ask the Team Mom/Coach first before asking a question in the group chat - they likely will have the answer.

**If you have any questions or concerns, please email Tony Conti, [conti9@yahoo.com](mailto:conti9@yahoo.com)**